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More Than A Game: 13 Keys To Success For Teen Athletes On And Off The Field



Synopsis

It doesn't matter how old you are, what challenges you are facing or what sports you play...if you are someone with a dream, this book will give you the tools to make your dream a reality. If you are looking for steps to become a leader on your sports team, build confidence in yourself or be successful in life then this book is for you. Kyleigh shares from her heart real life struggles of a 12 year old girl, who just wants to be the best athlete and leader she can be. Within these pages she will take the reader by the hand and walk them through step by step how to make important choices on and off the playing field.

Book Information

Paperback: 114 pages

Publisher: Together Change Happens; 1 edition (March 25, 2016)

Language: English

ISBN-10: 0692664246

ISBN-13: 978-0692664247

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 6 customer reviews

Best Sellers Rank: #990,415 in Books (See Top 100 in Books) #67 in [Books > Sports & Outdoors > Softball](#)

Customer Reviews

I was so impressed with this book that I plan to start an awareness campaign. I want all of my friends to read this - both for themselves and especially for their children. I encourage you all to have your children that are in their early teens to read this book. Everyone can benefit from the 13 Keys to Success - not just the teen athletes. Many of her points are actually already on my Mindfulness Purpose guide!!!! Not only does she write well, her use of quotes helps to enhance her points. I also really liked her use of bullets I get excited just flipping back through the pages. I believe this is my read from the last year (sorry Mitch Albom, you're now number 2 for the year) and do plan to re-read to refresh myself several more times this year. The only reason I did not give it 5 stars, is that there are typos and occasionally it detracts the reader. But please forgive them and continue to read - you might just be as energized and excited as I am. It's still hard to believe that Kyleigh is only 12 years old. KYLEIGH - CONGRATULATIONS ON A JOB WELL DONE and THANK YOU!

great book for any person playing sports or not, young or old.

This is a terrific book for any adolescent. Kyleigh is a young lady, just 12 years old, but she has the insight of someone much older. Her personal story is touching. She has a disease called Recurrent Respiratory Papillomatosis. She has had many surgeries and faces a lifetime of dealing with this disease that produces growths on her vocal cords Yet, she is the most positive and inspiring person you could meet. This would be a great book for a teacher in a classroom as well as a coach in the field. Good job, Kyleigh!

I loved this book as a 12 year old athlete I related with her in most situations in the book.i think she talks about something all teen athletes go throug to see if your dedicated to our sport. It was well written and nice to read from a teen point of view

Amazing book and message by an amazing 13 year old girl with proceeds going to help a softball team in Uganda. All athletes should read this.

Great book. Everyone should read this.

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